



## the western **weekender**

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# ATMOSPHERE FITNESS

**Atmosphere Fitness**  
**Sport**  
**and Recreation**

### CONTACT US

 4760 0700

 [atmospherefitness.com.au](https://atmospherefitness.com.au)

 [receptionatmospherefitness.com.au](mailto:receptionatmospherefitness.com.au)

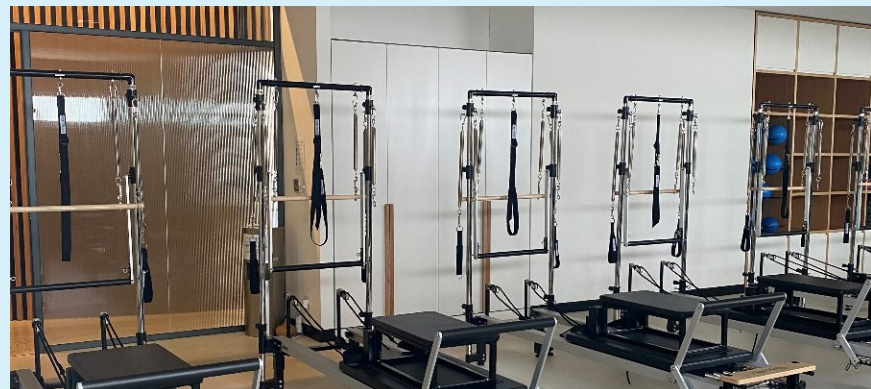
 @Atmosphere Health & Fitness Club

### OUR STORY

Atmosphere fitness is the largest gym in the Western Sydney area complete with a state-of-the-art gym floor, cardio deck, group fitness classes ranging from HIIT style workouts to Yoga and Pilates, a 50m swimming pool and traditional sauna. Atmosphere Fitness has been in operation for 8 years this coming January, providing our members with a community-based environment and a sense of family throughout the years. Atmosphere Fitness expanded in 2020 with the development of our second location, Atmosphere Signature, by the Nepean River, attracting the residence in the lower blue mountains area with its premium architectural finishes. Atmosphere Signature houses Australia's First Les Milles Immersive Trip screen, adding an exclusive and intimate feeling to their cycling experience. A variety of Pilates classes and Hot Yoga provide great body sculpting classes for our members as well as Premium and Modern bathrooms complete with Dyson hair dryers, a GHD hair straightener and shower amenities in each shower.

### THE BENEFITS

1. Creates local brand awareness.
2. We are reaching our local geographic target.
3. Western Weekender works collaboratively with us to achieve our brand awareness goals.
4. Great return on investment.
5. Seen by a broad demographic of people.



[sales@westernweekender.com.au](mailto:sales@westernweekender.com.au) | 4722 2998